

# WHAT ADVICE CAN YOU GIVE PARENTS FOR FEVER RELIEF IN CHILDREN?

## IF A PARENT OR CARER IS CONCERNED ABOUT THEIR CHILD:<sup>2</sup>

- 1 IDENTIFY** IF THE CHILD HAS SYMPTOMS OF FEVER OR IF THE PARENT OR CARER FEELS LIKE THE CHILD IS 'NOT THEMSELVES'
- 2 IDENTIFY** RED FLAG SYMPTOMS THAT REQUIRE URGENT REFERRAL
- 3 RECOMMEND** OVER-THE-COUNTER FEVER AND PAIN RELIEF SUCH AS IBUPROFEN OR PARACETAMOL IF THE CHILD IS DISTRESSED
- 4 ADVISE** PARENTS OR CARERS ON APPROPRIATE DOSING REGIMEN AND DOSING FREQUENCY
- 5 ADVISE** PARENTS OR CARERS TO MONITOR CHILD FOR WORSENING SYMPTOMS AND FOR SIGNS OF DEHYDRATION



**C+D** Counter Assist

CREATED AND BROUGHT TO YOU BY **NUROFEN FOR CHILDREN**

**NUROFEN FOR CHILDREN 3 MONTHS TO 9 YEARS STRAWBERRY.** Oral suspension: ibuprofen 100mg/5ml (2.0%w/v). **Indications:** For the fast and effective reduction of fever, including post immunisation pyrexia and the fast and effective relief of the symptoms of colds and influenza and mild to moderate pain, such as a sore throat, teething pain, toothache, headache, minor aches and sprains. **Legal category:** GSL. **Licence Holder:** Reckitt Benckiser Healthcare (UK) Limited HU8 7DS. **Price:** £3.99 for 100ml. Information about this product, including adverse reactions, precautions, contra-indications, and method of use can be found at: <https://www.medicines.org.uk/emc/product/8137/smpc>.

**NUROFEN FOR CHILDREN 200MG/5ML ORANGE/STRAWBERRY.** Oral suspension: 200mg/5ml ibuprofen. **Indications:** Children aged 7-12 years: Rheumatic or muscular pain, headache, dental pain, feverishness, symptoms of cold and influenza. **Legal category:** P. **Marketing Authorisation Holder:** RB Healthcare (UK) Ltd., HU8 7DS. **Price:** £6.49 for 100ml. Information about this product, including adverse reactions, precautions, contra-indications, and method of use can be found at: <https://www.medicines.org.uk/emc/product/10459/smpc>.

**REFERENCES:** 1. NHS (2020) High temperature (fever) in children. 2. National Institute of health and Care Excellence (2018) Clinical Knowledge Summaries: Feverish children - management. 3. NHS Inform (2020) Fever in children. 4. National Institute of health and Care Excellence (2019). NICE guideline [NG143]: Fever in under 5s: assessment and initial management. 5. Tan E, Braithwaite I, McKinlay CJD, Dalziel SR. Comparison of acetaminophen (paracetamol) with ibuprofen for treatment of fever or pain in children younger than 2 Years: A systematic review and meta-analysis. *JAMA Netw Open.* 2020;3(10):e2022398. doi:10.1001/jamanetworkopen.2020.22398. 6. Pelen F, et al. *Ann Pediatr* 1998; 45: 719-28. 7. Kelley MT, et al. *Clin Pharmacol Ther* 1992; 52: 181-89.8.

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