

MANAGING FREQUENT HEARTBURN IN THE PHARMACY

DURING THE FREQUENT HEARTBURN CONSULTATION:

- 1 Identify if the patient has symptoms of heartburn and ask about frequency of symptoms to identify frequent or infrequent heartburn
- 2 Identify potential causes or triggers of heartburn
- 3 Identify if the patient has any red-flag symptoms that would warrant referral
- 4 First-line recommend lifestyle interventions
- 5 Offer over-the-counter treatment options if lifestyle interventions do not improve symptoms of heartburn.



C+D Counter Assist

CREATED AND BROUGHT TO YOU BY **GUARDIUM**
ACID REFLUX CONTROL

PRODUCT INFORMATION: GUARDIUM ACID REFLUX CONTROL 20MG GASTRO RESISTANT TABLETS (per tablet dose): esomeprazole 20mg. **Indications:** The short-term treatment of reflux symptoms (e.g. heartburn and acid regurgitation) in adults. **Legal category:** GSL. **MAH:** Reckitt Benckiser Healthcare (UK) Ltd, HU8 7DS, United Kingdom. Information about this product including adverse reactions, precautions, contra-indications and method of use can be found at: www.medicines.org.uk/emc/product/10345.

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